



For Immediate Release:

CANLAN'S TOURNAMENT DIVISION HAS RECORD GROWTH IN 2009

Burnaby, B.C., January 19, 2010 – Canlan Ice Sports Corp. (TSX: ICE), providers of the on-ice experience to youth and adults across North America, today announced record results for its Canlan Classic Tournament (CCT) division for 2009. Gains were realized for each key performance indicator, including registration fees, number of events held, number of participating teams and number of registered participants.

“Our innovative programming, which is designed to maximize the fun and safety of hockey players of all ages and genders, is helping to drive increased utilization of our facilities across North America,” said Joey St-Aubin, President and CEO of Canlan Ice Sports. “Over the coming year, we plan to add to our success by introducing new formats and features to address growing demand for a unique on-ice experience.”

CCT's total registration fees for 2009 increased 40% to \$1.49 million from \$1.06 million in 2008. Total events held in 2009 in Canada and the United States were 46, up 18% from 39 in 2008. Total participating teams in 2009 were 1,630, up 25% from 1,302 for 2008. The total number of registered participants were 19,560, up 25% from 15,624 for 2008.

Canlan has a number of tournaments scheduled over the coming months, including its Las Vegas Hockey Classic, slated for March 26 to 28. Full details and scheduling for all of Canlan's tournaments can be found at www.canlanclassictournaments.com.

About Canlan

Canlan Ice Sports Corp. is the largest private sector operator of recreational ice facilities in North America with 65 playing surfaces at 22 facilities in Canada and the United States. Through the ASHL, Canlan operates the largest adult recreational hockey league in North America with more than 55,000 players and offers a variety of other programs including youth leagues, hockey and figure skating schools and tournaments.

Canlan Ice Sports Corp. is listed on the Toronto Stock Exchange under the symbol "ICE."

Caution concerning forward-looking statements

This document contains forward-looking statements, which may be identified by words like "expects", "anticipates", "plans", "intends", "indicates" or similar expressions. These statements are not a guarantee of future performance and are inherently subject to risks and uncertainties. The Company's actual results could differ materially from those currently anticipated due to a number of factors set forth in reports and other documents filed by the Company with Canadian securities regulatory authorities from time to time.

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